

ICADI

International Conference on Aging,
Disability and Independence
Hilton St. Petersburg, Florida USA
February 20-23, 2008



ICADI 2008 Pre-conference Intensive:

“Development of Transportation and Mobility Guides for Local Communities” And “Enhancement of Mobility Programs”

Two aspects of planning safe and accessible mobility for aging and disabled persons

Wednesday, February 20, 2008
8:00am - 5:00pm Cost \$100

Coordinator: John Eberhard, Ph.D., Senior Consultant, Howard County Commission on Aging

Program

Session 1 - Development of Local Area Transportation Safety and Mobility Guides

John Eberhard will address how to provide information at the local level on remaining independent safely in the community as we age. The “Safety and Mobility Guide” is a document or series of “one page guidance pieces” that provides older adults and people with disabilities and their caregivers information on resources in their community for getting out beyond the home. Unfortunately, most communities do not have these mobility guides.

This hands-on workshop will teach participants how to assemble the essential elements of a mobility guide for their community. Taking advantage of the Easter Seals/Beverly Foundation template plus the experiences of the presenters, the participants will identify the necessary resources to enable people to: drive as safely as possible; assess, or have an expert assess, their driving and mobility; and, identify ways to more readily and safely walk, use public transportation, assisted transportation and specialized transportation. Participants will present experiences they have had in using the Easter Seals/Beverly Foundation template. What participants would additionally like to do in their communities and next steps will be briefly discussed. **Gail Holley** will provide the experiences that she has in enabling the local areas in the State of Florida to develop similar programs and some evidence of how effective the programs are.

8:00am **Development Of Mobility Guides For Local Communities**
John W. Eberhard, Howard County Commission on Aging

8:30am **Participants Experience with Easter Seals/Beverly Foundation Template**
Participants

9:00am **Web - Based Safety Resource Guide To Assist Local Communities**
Gail Holley, Safe Mobility for Life Program and Research Manager, Florida DOT

Session 2 - New or Evaluated Safety and Mobility Programs That Can Be Employed at the Local Level

Session 2 will deal with resources that should enable participants to enhance existing? programs on senior mobility. **Lisa Molnar** will provide information on the new resource: "Promising Approaches for Promoting Lifelong Community Mobility." **Frank Carroll** will address the AARP new "Mobility Options Program". **Fran Carlin-Rogers** will address new activities on Social Service Programs to help insure safe mobility. **Nicole Kaplin** will present her work coordinating social services and DMV activities. **Barbara Huston** will present the Partners in Care program titled "Innovative Volunteer Program Provides Transportation and Builds Community". **Jon Burkhardt** and **Jane Harden** will provide input on how to find and enhance transportation in rural areas. **Marilyn DiStefano** will present the community mobility for older people program that has been developed in Australia.

Jacki Liddle from the University of Queensland, Australia will present her program on "Improving Outcomes for Retired Drivers with UQDRIVE" (University of Queensland Driver Retirement Initiative). **Bonnie Dobbs** will present the results of her research among Canadians on how support groups can assist those who are transitioning from driving.

Mary T. (Terrie) Terlau will present the American Printing House for the Blind Services Supporting Successful Transportation Utilization by Elders with Low Vision. **Kristi Ross** will address some exciting new opportunities being addressed by the National Center on Senior Transportation in fostering safe mobility at the local level.

Finally, **John Eberhard** will lead a discussion with participants on how the preceding information might be helpful to develop programs that will aid their constituents in driving, and later transition successfully to the most appropriate forms of transportation. Participants will be provided the opportunity to interact and identify the desirability and feasibility of introducing these approaches in their communities. Particular attention will be given to how to obtain needed resources to start these activities, and more critically, how to maintain useful programs.

9:30am **Promising Approaches For Promoting Lifelong Community Mobility**
Lisa J. Molnar, Lead Research Associate, UMTRI

10:00am **Morning Break**

10:15am **AARP Mobility Options Program**
Frank Carroll, AARP Driver Safety Program & Mobility Options

10:45am **Social Service Programs To Help Insure Safe Mobility**
Fran Carlin Rogers, Carlin Rogers Consulting

11:15am **Coordinating Social Service And DMV Activities**
Nicole Kaplan, Consultant in senior mobility issues

11:45am **Lunch Break** (lunch included)

- 1:00pm **Innovative Volunteer Program Provides Transportation And Builds Community**
Barbara Huston, President, Partners In Care
- 1:20pm **Finding And Enhancing Transportation In Rural Areas**
Jon Burkhardt, Westat; Jane Harden, CTA
- 1:45pm **Mobility Choices: Development And Trial Of The Tac Community Mobility For Older People Program**
Marilyn Di Stefano, LaTrobe University, Bundoora, Victoria, Australia
- 2:10pm **Improving Outcomes For Retired Drivers with UQDRIVE (University of Queensland Driver Retirement Initiative)**
Jacki Liddle, University of Queensland, Australia
- 2:35pm **Support Groups To Aid Transition From Driving**
Bonnie M. Dobbs, University of Alberta, Canada
- 3:00pm **Afternoon Break**
- 3:15pm **Services Supporting Successful Transportation Utilization By Elders With Low Vision**
Mary T. (Terrie) Terlau, American Printing House for the Blind
- 3:45pm **Role Of National Center On Senior Transportation In Fostering Safe Mobility At The Local Level**
Kristi Ross, Training and Technical Assistance Specialist, National Center on Senior Transportation
- 4:15pm **Easing The Transition From Driving And The Transition To Transportation Options**
John Eberhard + Audience and Participants
-

Registration and Contact Information

To register for this pre-conference intensive, logon to <http://www.icadi.phhp.ufl.edu/registration/>. It is not necessary to register for the full ICADI conference in order to attend a pre-conference intensive. If you have any questions, please email icadi@phhp.ufl.edu or call (352) 273-6126.